



Drop-In Services Directory:

**Centers Serving Transition Age Youth
In California**

INTRODUCTION

The California Youth Empowerment Network (CAYEN) is a program of Mental Health America of California, a statewide mental health advocacy organization. Formed in 2006, CAYEN's mission is to advocate for Transition Age Youth (TAY), youth and young adults 16-25 years old whose lives have been affected by the mental health, juvenile justice, and foster care systems.

Our goal is to empower and inspire TAY to create positive change in the mental health system. Through targeted advocacy, CAYEN supports TAY across the state to have a meaningful impact in the policies that shape their lives.

CAYEN is supported by an all-TAY statewide Board, which is involved in both local and statewide program and policy decisions. We are firm believers that their personal experience, education and employment give them a credible, passionate and true voice to the challenges and successes of the TAY population. Through CAYEN they receive the support, training and skills to bring their voices to policy and program discussions.

To learn more about who we are and what we do, visit us at www.ca-yen.org, and follow us on [Facebook](#) and [Twitter](#).



CAYEN is one of hundreds of organizations working together to improve mental health services for all Californians. To learn more about California's mental health movement and how you can get involved, visit www.eachmindmatters.org.

This directory includes TAY drop-in providers listed alphabetically by California County as well as a list of mental health crisis support lines, many of them are available 24 hours a day, 7 days a week.

Alameda
Alpine- see El Dorado
Amador- see Sacramento
Butte
Calaveras- see San Joaquin, Stanislaus
Colusa
Contra Costa
Del Norte- see Humboldt
El Dorado
Fresno
Glenn
Humboldt
Imperial- see San Diego
Inyo- see Kern
Kern
Kings- see Fresno
Lake- see Sonoma
Lassen- see Shasta, Plumas
Los Angeles
Madera- see Fresno, Merced
Marin
Mariposa- see Merced
Mendocino- see Sonoma
Merced
Modoc- see Shasta
Mono- see El Dorado
Monterey- see Santa Cruz, San Luis Obispo
Napa
Nevada
Orange
Placer
Plumas
Riverside- see San Diego
Sacramento
San Benito- see Santa Clara
San Bernardino
San Diego
San Francisco
San Joaquin

San Luis Obispo
San Mateo
Santa Barbara
Santa Clara
Santa Cruz
Shasta
Sierra- see Nevada, Plumas
Siskiyou- see Shasta
Solano
Sonoma
Stanislaus
Sutter- see Yuba
Tehama- see Butte
Trinity- see Humboldt
Tulare- see Fresno
Tuolumne
Ventura
Yolo- see Sacramento
Yuba

Major Cities and Towns in California Counties:

Alameda- Berkeley, Oakland, Hayward
Alpine- Markleeville
Amador- Ione, Jackson, Sutter Creek
Butte- Chico, Oroville, Gridley
Calaveras- San Andreas, Angels Camp
Colusa- Colusa, Williams
Contra Costa- Concord, Richmond, Antioch
Del Norte- Crescent City
El Dorado- Placerville, South Lake Tahoe
Fresno- Fresno, Clovis
Glenn- Orland, Willows
Humboldt- Eureka, Arcata
Imperial- El Centro, Calexico
Inyo- Bishop
Kern- Bakersfield
Kings- Hanford
Lake- Clearlake, Lakeport
Lassen- Susanville
Los Angeles- Burbank, Inglewood, West Covina
Madera- Chowchilla
Marin- Novato, San Rafael
Mariposa- Yosemite Village
Mendocino- Fort Bragg, Ukiah
Merced- Atwater, Los Banos
Modoc- Alturas
Mono- Mammoth Lakes
Monterey- Salinas, Seaside, Carmel
Napa- Calistoga, St. Helena
Nevada- Grass Valley, Nevada City, Truckee
Orange- Anaheim, Garden Grove
Placer- Roseville, Rocklin, South Lake Tahoe
Plumas- Portola
Riverside- Moreno Valley, Murrieta, Corona
Sacramento- Elk Grove, Citrus Heights, Folsom
San Benito- Hollister, San Juan Bautista
San Bernardino- Ontario, Fontana, Victorville
San Diego- Chula Vista, Escondido, Oceanside
San Francisco
San Joaquin- Stockton, Traci, Lodi
San Luis Obispo- Paso Robles, Atascadero
San Mateo- South Francisco, Daly City
Santa Barbara- Santa Maria
Santa Clara- San Jose, Mountain View
Santa Cruz- Watsonville, Scotts Valley
Shasta- Redding
Sierra- Loyalton

Siskiyou- Yreka, Mount Shasta
Solano- Fairfield, Vacaville, Vallejo
Sonoma- Santa Rosa, Rohnert Park, Petaluma
Stanislaus- Modesto, Ceres, Turlock
Sutter- Yuba City
Tehama- Red Bluff
Trinity- Weaverville, Hayford
Tulare- Visalia, Porterville
Tuolumne- Sonora, Jamestown
Ventura- Oxnard, Simi Valley, Thousand Oaks
Yolo- Woodland, Davis
Yuba- Marysville

ALAMEDA COUNTY

Berkeley Drop in Center

3234 Adeline Street
Berkeley, CA 94703
Phone: (510) 653-3808

Website:

Description: Multi-purpose community centers run by and for past and present mental health clients and persons undergoing significant emotional distress.

Age Group Served: N/A

Hours of Operation:

Mon – Thu: 9:00AM-4:00PM

Fri: 9:00AM-2:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Housing Assistance
- Counseling
- Medical Services

Our Space

22245 Main Street, Suite 102
Hayward, CA 94541
Phone: (415) 760-6810

Website: www.baycyouth.org

Description: Community center for lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ) youth.

Age Group Served: 14-21

Hours of Operation:

Mon – Thurs: 3:00PM-7:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- On-site shelter (14-18 years old)
- Transitional Housing
- Life/Employment Skills Training
- Employment Assistance

***Dream Catcher Emergency Youth Shelter
and Support Center***

2325 Clement Ave
Alameda, CA 94501
Phone: (510) 629-6311

Website: www.xanthos.org/index.php?id=8

Description: Shelter and support services for homeless, runaway and at-risk youth.

Age Group Served: 13-18

Hours of Operation:

Shelter Hours:

Mon – Fri: 7:00PM-8:00AM

Sat – Sun: 7:00PM-10:00AM

Support Center:

Mon – Thurs: 2:00PM-7:00PM

Fri: 2:00PM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Shelter
- Meals
- Laundry
- HIV/STD Testing
- Counseling Services
- Employment training
- Life skills training
- Recreational Activities

***Youth Engagement, Advocacy and
Housing (YEAH)***

1744 University Avenue
Berkeley, CA 94703
Phone: (510) 704-9867

Website: www.yeah-berkeley.org

Description: Shelter and Clinical Day Program to support young adults in Berkeley who are currently homeless. YEAH provides basic necessities, offer case management and counseling, linkages to education, employment and housing, and opportunities for meaningful community involvement.

Age Group Served: 18-25

Hours of Operation:

Mon – Thurs: 3:00PM-7:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Educational Assistance
- Counseling Services
- Dental & Medical Services
- Recreational Activities

Youth Uprising

8711 MacArthur Blvd.

Oakland, CA 94605

Phone: (510) 777-9909

Website: www.youthuprising.org

Description: Community center in the heart of East Oakland dedicated to community transformation powered by the leadership of youth. Programs include education and career advising and health and wellness services.

Age Group Served: 13-24

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Educational Assistance
- Counseling Services
- Dental & Medical (Services and Referrals)

BUTTE COUNTY

6th Street Center for Youth

130 West 6th Street
Chico, CA 95928
Phone: (530) 894-8008

Website: www.6thstreetcenter.org

Description: 6th Street Center for Youth provides a safe and supportive environment where youth experiencing homelessness can acquire the skills they need to regain stability in their lives.

Age Group Served 14-24

Hours of Operation:

Mon, Tues, Thurs, Fri: 10:30AM-6:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment ,
- Bus Passes
- Clothing Closet
- Computer Lab
- Educational Assistance
- Housing Assistance
- Laundry Facilities
- Showers
- Lockers
- Life skill Classes
- Meals Provided
- Counseling & Medical Services
- Recreational Activities
- Transportation to Appointments

Gridley Family Services

995 Spruce St.
Gridley, CA 95948
Phone: (530) 846-7305

Website:

<http://www.buttecounty.net/behavioralhealth/AdultServices/gridley.aspx>

Description: Treatment and care for behavioral and emotional needs of children, transition age youth (TAY), and families.

Age Group Served: All Ages

Hours of Operation:

Mon & Fri: 8:00AM-5:00PM

Tues & Thu: 8:00AM-8:00PM

Sat: 9:00AM-6:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment ,
- Bus Passes
- Computer Lab
- Employment Services
- Educational Services
- Housing Assistance
- Counseling & Medical services
- Transportation to Appointments

COLUSA COUNTY

Williams Family Action Center

602 Twelfth Street/P O Box 336
Williams, CA 95987
Phone: (530) 473-5400

Website: <http://www.williamsfac.org/>

Description: Application assistance and general assistance for youth and families.

Age Group Served: All Ages

Hours of Operation:

Mon – Fri: 8:30AM-4:30PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Computer Classes
- Educational Assistance
- Employment Services
- Housing Assistance
- Dental & Medical (Services and Referrals)
- Recreational Activities
- Transportation to Appointments.
- Life skills classes
- Referrals to other county agencies

Arbuckle Family Action Center

812 King Street/P.O Box 751
Arbuckle, CA 95912
Phone: (530) 476-0822

Website: <http://www.arbucklefac.org/>

Description: Application assistance and general assistance for youth and families, food giveaways once a month.

Age Group Served: All Ages

Hours of Operation:

Mon – Fri: 8:30AM-4:30PM

Employs TAY Peer Mentors? No

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Computer Classes
- Educational Assistance/Employment Services
- Housing Assistance
- Dental & Medical (Services and Referrals)
- Recreational Activities
- Transportation to Appointments
- Referrals to other county agencies/services

CONTRA COSTA COUNTY

Calli House Drop-in Center

845B Brookside Drive
Richmond, CA 94801
Phone: (925) 313-7717

Website: www.cchealth.org/homeless/homeless-youth.php

Description: A safe haven off the streets that provides services such as food, clothing, crisis intervention and case management to meet the basic needs of the youth.

Age Group Served: 14-21

Hours of Operation:

Mon-Fri: 9:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Computer Lab
- Housing Assistance
- Laundry Facilities
- Meals
- Counseling
- Dental & Medical Services and/or referrals
- Sleeping Respite/Shelter Services,
- Recreational Activities
- Transportation to Appointments

Rainbow Community Center

2118 Willow Pass Road, Suite 500
Concord, CA 94520
Phone: (925) 692-0090

Website: www.rainbowcc.org

Description: Our Youth program is designed to foster a sense of positive personal identity for all LGBTQI2S youth. Our program offers structured groups, social activities, supports from peers and mentors, and a youth drop-in center.

Age Group Served: 16-24

Hours of Operation:

Mon & Fri: 1:00PM-6:00PM

Employs TAY Peer Mentors? No

Services Provided:

- Thrift Store
- Counseling Services
- Group Therapy
- Recreational Activities
- HIV/STI Testing.

EL DORADO COUNTY

Tahoe Youth & Family Services - South Lake Tahoe Drop-In Center

3331 Sandy Way #C
South Lake Tahoe, CA 96150
Phone: (530) 541-2445

Website: www.tahoeyouth.org

Description: Individual and family counseling, group counseling, crisis counseling, family reunification and substance abuse counseling. We offer supportive service for homeless, runaway, couch surfing, and at-risk youth to find needed resources.

Age Group Served: up to 24

Hours of Operation:

Thu – Sat: 1:00PM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment ,
- Clothing Closet
- Computer Classes
- Food Closet
- Housing Assistance
- Laundry Facilities
- Meals Provided
- Counseling Services
- Sleeping Respite/Shelter Services
- Transportation to Appointments

FRESNO COUNTY

Blue Sky Center

1617 E. Saginaw Way

Fresno, CA 93704

Phone: (559) 230-2501

Website: www.blueskywellnesscenter.org

Description: A safe environment where we come together to socialize, participate in peer support groups, and volunteer our talents.

Age Group Served: 18-25

Hours of Operation:

Oct 1-May 31: Mon – Fri: 8:00AM-5:00PM

Sat: 9:00AM-4:00PM

June 1-Sept 30: Tues-Thu 8:00AM-7:30PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Support Groups
- Recreational Activities
- Library
- On-site Laundry
- Computer Lab
- Gym
- Showers

GLENN COUNTY

The Transition Age Youth (T.A.Y.) Center

612 4th Street
Orland, CA 95963
Phone: (530) 865-1622

Website:

http://www.countyofglenn.net/govt/departments/mental_health/harmonyhousedrop-incenter.aspx

Description: Drop in center offering educational, wellness and recovery services, counseling and recreational activities.

Age Group Served: 14-25

Hours of Operation:

Mon – Fri: 1:30-5:30

Employs TAY Peer Mentors? Yes

Services Provided:

- Drop In Hours
- Peer Counseling
- Recreational Activities
- Showers
- Laundry Facilities
- Counseling Services

Harmony House

343 Yolo St
Orland, CA 95963
Phone: (530) 865-6725

Website:

http://www.countyofglenn.net/govt/departments/mental_health/harmonyhousedrop-incenter.aspx

Description: Drop in center offering educational, wellness and recovery services, counseling and recreational activities.

Age Group Served: 18+

Hours of Operation:

Mon – Fri: 8:00 AM-5:00 PM

Drop In Hours: 1:00 PM-5:00 PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Drop In Hours
- Peer Counseling
- Recreational Activities
- Showers
- Laundry Facilities
- Counseling Services

HUMBOLDT COUNTY

Raven Project Outreach Program

523 T Street
Eureka, CA 95501
Phone: (707) 443-7099

Website: <http://rcaa.org/division/youth-service-bureau/program/raven-project-street-outreach-program>

Description: Drop-in center providing youth a safe space to check in on their personal wellbeing, access services and receive referrals. RAVEN is a “hate free zone” supporting all lifestyles and positive means of expression. Art supplies and opportunities for publication in RAVEN's youth-made zines are available.

Age Group Served: 15-21

Hours of Operation:

Sun: 1:00PM-5:00PM

Mon: 5:00PM-9:00PM

Tues: 10:00AM-1:00PM

Wed: 1:00PM-6:00PM

Thu: 10:00AM-1:00PM

Fri: 1:00PM-4:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Recreational Activities
- Community Resource Referrals
- HIV/STI Testing
- Transitional housing
- Employment Services/Educational Services
- Vocational Training/Life Skills Classes

Humboldt County Transition Age Youth Collaboration

550 I Street
Eureka, CA 95501
Phone: (707) 476-4940

Website:

<http://www.humboldtyouth.org/about/index.html>

Description: The HCTAYC office is open to TAY who would like to research services and resources available to them and become involved in the community.

Age Group Served: 16-25

Hours of Operation:

Wed: 2:00PM-4:00PM

Employs TAY Peer Mentors? N/A

Services Provided: N/A.

KERN COUNTY

Kern County Mental Health TAY Drop-In Center

1111 Columbus St, Suite 300
Bakersfield, CA 93305
Phone: (661) 868-8300

Website:

http://kern.networkofcare.org/mh/services/agency.aspx?pid=KernCountyDepartmentofMentalHealthChildrensSystemofCareChildrenServicesJuvenileProbationPsychiatricServices_346_2_0

Description: The TAY Drop-In Center is fully staffed five-days a week. Any TAY youth who comes into the center has one-on-one assistance, can relax in a safe environment and do school work, paint, draw, read and just sit and be alone if needed.

Age Group Served: 16-25

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Educational Assistance
- Housing Assistance
- Counseling Services
- Recreational Activities

LOS ANGELES COUNTY

Los Angeles Youth Network

1550 North Gower Street
Los Angeles, CA 90028
Phone: (323) 467-8466

Website: www.layn.org

Description: Offers 23 emergency shelter beds for these unaccompanied minors. During their stay (or during a drop-in), youth receive basic care necessities such as food, clothing and hygiene products as well as a wide array of supportive services.

Age Group Served: 12-17 (18+ served at other LAYN facility)

Hours of Operation: 24/7

Drop In Hours: 10:00AM-7:00PM

Employs TAY Peer Mentors? No

Services Provided:

- Clothing Closet
- Computer Lab
- Educational Assistance
- Housing Assistance
- Laundry Facilities
- Meals Provided
- Counseling, Dental, and Medical Services
- Sleeping Respite/Shelter Services
- Recreational Activities
- Transportation to Appointment

My Friend's Place

5850 Hollywood Blvd.
Los Angeles, CA 90028
Phone: (323) 908-0011

Website: www.myfriendsplace.org

Description: The Safe Haven Program provides daytime shelter and basic needs services to youth living on the Streets; alleviate the demands of survival that often distract youth from engaging in educational or health-related activities that ultimately lead to stability.

Age Group Served: 12-25

Hours of Operation:

Mon – Fri: 9:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Computer Lab
- Educational Assistance
- Food Closet
- Housing Assistance
- Meals Provided
- Counseling, Dental and Medical Services/Referrals
- Recreational Activities
- Transportation to Appointments

The Village Family Services

6801 Coldwater Canyon Avenue, Suite 1E
North Hollywood, CA 91606
Phone: (818) 755-8786

Website: www.thevillagefs.org

Description: Provides a safe place where youth can receive integrated supportive services including mental health counseling, case management, primary health care, and HIV and health-prevention services. Serving at-risk; foster; lesbian, gay, bisexual, transgender, or questioning (LGBTQ); and homeless youth.

Age Group Served: 14-24

Hours of Operation:

Mon – Fri: 10:00AM-12:30PM, 2:00-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Transportation Assistance
- Clothing Closet
- Computer Lab
- Educational Assistance
- Food Closet
- Housing Assistance
- Laundry Facilities
- Meals Provided
- Counseling, Dental, and Medical Services
- Recreational Activities

Pacific Clinics HOPE Youth Center

13001 Ramona Blvd, Suite I
Irwindale, CA 97106
Phone: (626) 337-3828

Website:

www.file.lacounty.gov/dmh/cms1_159330.pdf

Description: Provides temporary safety and basic supports for Seriously Emotionally Disturbed (SED) and Severe and Persistently Mentally Ill (SPMI) TAY who are living on the streets or in unstable living situations.

Age Group Served: 16-25

Hours of Operation:

Mon: Closed

Tues: 9:00AM-8:00PM

Wed: 9:00AM-5:00PM

Thurs: 9:00AM-8:00PM

Fri: 11:00Am-5:00PM

Sat: 9:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet/Laundry Facilities
- Computer Lab
- Educational Assistance
- Housing Assistance
- Meals, Dental, and Medical Services/Referrals
- Recreational Activities
- Transportation to Appointments

Jeff Griffiths Youth Drop-in Center (Los Angeles Gay and Lesbian Center)

1220 North Highland Avenue

Los Angeles, CA 90038

Phone: (323) 860-7450

Website: www.laglc.org

Description: Offers lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth, 14 to 24 years old, tools for self-empowerment through its Children, Youth & Family Services Department (CYFS).

Age Group Served: 18-24

Hours of Operation:

Mon – Fri: 8:30AM-5:30PM

Employs TAY Peer Mentors? No

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes/ Transportation to Appointments
- Clothing Closet
- Computer Lab
- Educational Assistance
- Employment Services
- Food Closet
- Housing Assistance
- Laundry Facilities
- Meals Provided
- Counseling
- Medical Services/Referrals
- Sleeping Respite/Shelter Services
- Recreational Activities

MARIN COUNTY

Huckleberry Youth Programs

361 Third Street, Suite G
San Rafael, CA 94901
Phone: (415) 258-4944

Website: www.huckleberryyouth.org

Description: Offers Teen Tuesday reproductive health services drop-in clinic from 1-8 pm every Tuesday. Every day we offer appointments for mental health counseling, drug and alcohol focused counseling and outpatient drug and alcohol treatment.

Age Group Served: 12-24

Hours of Operation:

Mon – Fri: 9:00AM-5:00PM

Tues: 1:00PM-8:00PM

Crisis Shelter: 24 Hours

Employs TAY Peer Mentors? Yes

Services Provided:

- Counseling Services
- Medical Services
- Career/Education Planning
- Health Education
- 24 hour Crisis Center
- Internships

Novato Wellness Center

1767 Grant Avenue
Novato, CA 94945
Phone: (415) 898-1100

Website: <http://www.novatoyouthcenter.org/novato-wellness-center/>

Description: A variety of drop-in wellness services.

Age Group Served: All Ages

Hours of Operation:

Mon: 1:30PM-5:00PM (Ages 12-21)

Wed: 8:00AM-4:30PM (Women and Children)

Tues: 8:30AM-4:30PM (Teens and Adults)

Employs TAY Peer Mentors? N/A

Services Provided:

- HIV/STI Testing
- Counseling
- Health Education

Transition Age Youth Program

980 Lincoln Ave., Suite 250

San Rafael, CA 94901

Phone: (415) 460-2167

Website: www.buckelew.org/programs/path.html

Description: TAY PATH provides services to youth ages 18-25 who are struggling with mental health challenges.

Age Group Served: 16 to 25

Hours of Operation:

Mon & Fri: 12:00PM-3:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Educational Assistance
- Housing Assistance
- Counseling Services
- Recreational Activities
- Transportation to Appointments

MERCED COUNTY

Community United by Empowerment-CUBE

480 E. 13th Street
Merced, CA 94153
Phone: (209) 381-6800

Website: www.filmswithimpact.org/resource/community-united-empowerment-cube

Description: Serves youth who live in Merced County recovering from mental and or emotional problems who may be emancipated from foster care, group homes and juvenile justice system. Our program focuses on helping youth become self-sufficient by providing life and social skills groups emphasizing on youth transition to full independence.

Age Group Served: 16-25

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Counseling Services
- Employment Services
- Housing Assistance
- Life Skills Classes
- Laundry Facilities
- Recreational Activities
- Computer Lab

NAPA COUNTY

VOICES Napa

780 Lincoln Avenue

Napa, CA 94558

Phone: (707) 251-9432

Website:

www.voicesyouthcenter.org/programs/napa

Description: VOICES Napa exists to empower underserved youth by utilizing holistic services throughout their transition from systems of care, while building a loving community to call home and establishing a solid foundation for a satisfying life.

Age Group Served: 16-24

Hours of Operation:

Mon: 10:00AM-6:00PM

Tues: 12:00PM-6:00PM

Wed: 10:00AM-6:00PM

Thurs: 12:00PM-6:00PM

Fri: 10:00AM-6:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Career Planning
- Educational Planning
- Life Skills Classes
- Counseling Services
- Housing Assistance

NEVADA COUNTY

SPIRIT Peer Empowerment Center

276 Gates Place
Grass Valley, CA95945
Phone (530) 274 1431

Website:

<http://spiritpeerempowermentcenter.org/SPIRITHome.html>

Description: SPIRIT Center is a healthy community, open at no charge to people facing challenges to their mental health. Trained peer counselors offer a holistic approach, acceptance, support, education and advocacy. We support people as they identify their path to recovery, and empower themselves to achieve their personal goals.

Age Group Served: Over 18

Hours of Operation:

Tues – Sat: 10:00AM-3:00PM

Employs TAY Mentors: N/A

Services Provided:

- Peer Counseling
- Support Groups
- Referrals to Community Services
- Food Distribution
- Meal served (Saturday Brunch)
- Showers
- Laundry

North Tahoe High School Wellness Center

2945 Polaris Rd
Tahoe City, CA 96161
Phone: (530) 582-2575

Website: www.ttusd.org

Description: A collaborative project between the school district, counties, community partners and youth designed to help high school students access a broad spectrum of mental health services.

Age Group Served: 14-18

Hours of Operation:

Mon: 9:30AM-2:30PM

Tues: 11:30AM-2:30PM

Wed: 7:30Am-2:30PM

Thurs: 12:00PM-2:30PM

Employs TAY Peer Mentors? Yes

Services:

- Educational Assistance
- Computer Lab
- Counseling, Dental, and Medical Services/Referrals

Truckee High Wellness Center

11725 Donner Pass Road

Truckee, CA 96161

Phone: (530) 582-2575

Website: www.ttusd.org

Description: A collaborative project between the school district, counties, community partners and youth designed to help high school students access a broad spectrum of mental health services.

Age Group Served: 14-18

Hours of Operation:

Mon: 12:30PM-2:30PM

Tues: 12:30PM-4:00PM

Wed: 12:30PM-2:30PM

Thurs: 12:30PM-4:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Computer Lab
- Educational Assistance
- Counseling, Dental, and Medical Services

ORANGE COUNTY

The Center Orange County

1605 N. Spurgeon Street
Santa Ana, CA 92701
Phone: (714) 953-5428

Website: www.thecenteroc.org

Description: The Center's Rainbow Youth Groups are lively social drop-in groups for LGBTQQ youth and allies ages 11-18. There is also a youth leadership program for ages 14-24 and a youth shelter is in development.

Age Group Served: 11-19 and 18+

Hours of Operation:

Mon, Wed, Fri: 10:00AM-9:00PM

Tues & Thu: 10:00AM-6:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Educational Assistance
- Recreational Activities
- Bus Passes
- Educational Assistance
- Onsite Counseling
- Onsite Medical (Services and Referrals)
- Computer Lab

Orange County Youth Center (OCYC)

1811 W. La Habra Blvd.
La Habra, CA 90631
Phone: (562) 905-7076

Website:

<http://www.lahabracity.com/article.cfm?id=202>

Description: A Youth One Stop Center where TAY can receive tutoring assistance, counseling, mentoring, job search skills, and work experience.

Age Group Served: 16-21

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? No

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Computer Lab
- Employment Services
- Educational Services
- Recreational Activities
- Onsite Counseling
- Onsite Medical (Services and Referrals).

PLACER COUNTY

Placer County Mental Health Welcome Center

11522 B Avenue
Auburn, CA 95603
Phone: (530) 889-7200

Website:

[http://www.placer.ca.gov/departments/hhs/adult/
welcome-center](http://www.placer.ca.gov/departments/hhs/adult/welcome-center)

Description: TAY Drop-In Mental Health
Services.

Age Group Served: N/A

Hours of Operation:

Mon – Thurs: 10:00AM-4:00PM

Friday 10:00AM-2:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Educational Assistance
- Employment Services
- Housing Services
- Referrals to Community Services

St. Vincent De Paul

503 Giuseppe Court, Suite 8
Roseville, CA 95678
Phone: (916) 781-3303

Website: www.placersvdp.com

Description: Our goal is to provide the basic
human necessities of food, clothing, and urgent
medical care to all those in need in our
community. We collaborate with other charities in
south Placer County to optimize our resources to
help those in need and to provide.

Age Group Served: All Ages

Hours of Operation:

Mon – Fri: 9:00AM-4:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Clothing Closet
- Food Closet
- Meals Provided
- Medical Services

SPIRIT Peer Empowerment Center

276 Gates Place
Grass Valley, CA 95945
Phone: (530) 274-1431

Website

<http://www.spiritpeerempowermentcenter.org/SPIRIThome.html>

Description: 1-1 Peer Counseling, Support groups and Education, showers, laundry and food.

Age Group Served: 18+

Hours of Operation:

Tues – Sat: 10:00AM-3:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Peer Counseling
- Support Group
- Food Distribution
- Shower Facilities
- Laundry Facilities
- Referrals to Community Services

PLUMAS COUNTY

***Plumas County - Mental Health Service,
Drop-In-Center***

527 Bell Lane
Quincy, CA 95971
Phone: (530) 283-6370

Website:

<http://www.wellness.com/dir/3864515/psychologist/>

Description: Counseling resource and drop in center.

Age Group Served: 18+

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? No

Services Provided:

- Counseling Services

SACRAMENTO COUNTY

WIND Youth Center

701 Dixieanne Avenue
Sacramento, CA 95815
Phone: (916) 561-4900

Website: <http://www.windyouth.org/>

Description: TAY Drop-In Service with three shelters and a Public Health Nurse available for homeless and at-risk youth.

Age Group Served: 12-17

Hours of Operation:

Mon – Thurs: 8:30AM-4:30PM

Fri: 8:30AM-1:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Counseling Services
- Transitional Housing
- Educational Services
- Life Skills Classes
- Laundry Facilities
- Employment Services

SAN BERNARDINO COUNTY

High Desert One Stop TAY Center

14360 St. Andrews Drive, Suite 11
Victorville, CA 92395
Phone: (760) 243-5417

Website:

[http://cmhda.org/go/Portals/0/CMHDA%20Files/Committees/TAY%20Subcommittee/Meeting%20Reports/San_Bernardino_TAY_Brochure_\(9-4-08\).pdf](http://cmhda.org/go/Portals/0/CMHDA%20Files/Committees/TAY%20Subcommittee/Meeting%20Reports/San_Bernardino_TAY_Brochure_(9-4-08).pdf)

Description: The One Stop TAY center is a drop in center that provides a safe environment for youth to set goals and succeed in life. The center has been specially designed for youth, by youth, targeting TAY with mental and/or emotional problems who may be emancipating from: foster care, group homes, the juvenile justice system, or county jail.

Age Group Served: 16-25

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet/Laundry Facilities
- Computer Lab
- Educational Assistance
- Housing Assistance
- Counseling
- Recreational Activities
- Transportation to Appointments.

Morongo One Stop TAY Center

58945 Business Center Dr. Suite #D
Yucca Valley, CA 92284
Phone: (760) 228-9657

Website:

[http://cmhda.org/go/Portals/0/CMHDA%20Files/Committees/TAY%20Subcommittee/Meeting%20Reports/San_Bernardino_TAY_Brochure_\(9-4-08\).pdf](http://cmhda.org/go/Portals/0/CMHDA%20Files/Committees/TAY%20Subcommittee/Meeting%20Reports/San_Bernardino_TAY_Brochure_(9-4-08).pdf)

Description: The One Stop TAY center is a drop in center that provides a safe environment for youth to set goals and succeed in life. The center has been specially designed for youth, by youth, targeting TAY with mental and/or emotional problems who may be emancipating from: foster care, group homes, the juvenile justice system, or county jail.

Age Group Served: 16-25

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Clothing Closet
- Educational/Legal Assistance
- Housing Assistance
- Laundry Facilities
- Counseling
- Recreational Activities
- Transportation/Bus Passes

Rainbow Pride Youth Alliance

1705 N. Waterman Ave.
San Bernardino, CA 92404
Phone: (919) 475-9392

Website:

<https://www.facebook.com/rainbowprideyouthalliance>

Description: Drop-in center providing GLBTQ youth with a safe, supportive environment to develop life skills and learn to contribute back to the community.

Age Group Served: 13-23

Hours of Operation:

Thurs – Fri: 4:00PM-7:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

N/A

West End One Stop TAY Center – SB

780 East Gilbert Street
San Bernardino, CA 92415
Phone: (909) 387-7194

Website: www.pacificclinics.org

Description: The One Stop TAY center is a drop in center that provides a safe environment for youth to set goals and succeed in life. The center has been specially designed for youth, by youth, targeting TAY with mental and/or emotional problems who may be emancipating from: foster care, group homes, the juvenile justice system, or county jail.

Age Group Served: 16-25

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment ,
- Bus Passes
- Clothing Closet
- Computer Lab
- Educational Assistance
- Housing Assistance
- Laundry Facilities
- Counseling Services
- Transportation to Appointments

San Bernardino One Stop TAY Center

700 East Gilbert Street Building 4
San Bernardino, CA 92415
Phone: (909) 387-7194

Website:

www.sbcounty.gov/dbh/childrenservices/childrenservices.asp

Description: The One Stop TAY center is a drop in center that provides a safe environment for youth to set goals and succeed in life. The center has been specially designed for youth, by youth, targeting TAY with mental and/or emotional problems who may be emancipating from: foster care, group homes, the juvenile justice system, or county jail.

Age Group Served 16-25

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? No

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Computer Lab
- Educational Assistance
- Housing Assistance
- Laundry Facilities
- Recreational Activities
- Transportation to Appointments

West End One Stop TAY Center – RC

9047 Arrow Route Suite 170
Rancho Cucamonga, CA 91730
Phone: (877) 760-0770

Website: www.pacificclinics.org

Description: The One Stop TAY center is a drop in center that provides a safe environment for youth to set goals and succeed in life. The center has been specially designed for youth, by youth, targeting TAY with mental and/or emotional problems who may be emancipating from: foster care, group homes, the juvenile justice system, or county jail.

Age Group Served 16-25

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Computer Lab
- Educational Assistance
- Housing Assistance
- Laundry Facilities
- Counseling
- Transportation to Appointments

SAN DIEGO COUNTY

Hillcrest Youth Center

1807 Robinson Ave., Suite 106
San Diego, CA 92103
Phone: (619) 497-2920 x101.

Website: www.thecentersd.org/programs/youth-services/hillcrest-youth-center.html

Description: The only drop-in and recreational center in San Diego County dedicated to the needs of lesbian, gay, bisexual, transgender, questioning and HIV+ (LGBTQ+) youth. HYC is committed to providing a safe, affirming space for LGBTQ+ youth to be proud of whom they are and the freedom to discover who they might become.

Age Group Served: 14-18

Hours of Operation:

Wed – Thurs: 5:00PM-9:00PM

Fri: 5:00PM-10:00PM

Sat: 2:00PM-6:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Educational Assistance
- Employment Assistance
- Computer Lab
- Health Education
- Recreational Activities

Oasis Clubhouse

7155 Mission Gorge Road
San Diego, CA 92120
Phone: (858) 300-0470

Website: www.kickstartsd.org/index.php/oasis-clubhouse-san-diego-youth-center/

Description: The goal of The Oasis Clubhouse is to empower Transition Age Youth (TAY) by providing a safe, positive and dynamic environment where TAY can learn valuable skills, socialize and connect with peers who have similar life experiences, and have fun!

Age Group Served: 16-25

Hours of Operation:

Mon – Fri: 9:00AM-6:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Clothing Closet
- Educational Assistance
- Food Closet
- Housing Assistance
- Meals Provided
- Counseling, Dental, and Medical (Services and Referrals)
- Recreational Activities

SDYS - Golden Hill TAY Academy

2220 Broadway
San Diego, CA 92102
Phone: (619) 232-8126

Website:

www.sdyouthservices.org/site/PageServer?pagename=TAY_Academy

Description: TAY Academy is dedicated to serving young people in a manner which is knowledgeable of and sensitive to the trauma that is occurring in their lives. Each center offers resources, skill development workshops, fitness, nutrition, and educational classes; support groups, leadership opportunities, fun activities, and connection coaches on site.

Age Group Served: 14-25

Hours of Operation:

Tues – Sat: 12:00PM-8:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Clothing Closet
- Educational Assistance
- Housing Assistance
- Dental and Medical (Services and Referrals)
- Recreational Activities
- Transportation to Appointments

SDYS - North Coastal - YMCA of North Coast

215 Barnes Street
Oceanside, CA 92054
Phone: (760) 908-8357

Website:

www.sdyouthservices.org/site/PageServer?pagename=TAY_Academy

Description: TAY Academy is dedicated to serving young people in a manner which is knowledgeable of and sensitive to the trauma that is occurring in their lives. Each center offers resources, skill development workshops, fitness, nutrition, and educational classes; support groups, leadership opportunities, fun activities, and connection coaches on site.

Age Group Served: 14-25

Hours of Operation:

Tues – Sat: 12:00PM-8:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Educational Assistance
- Housing Assistance
- Meals provided
- Dental and Medical (Services and Referrals)
- Recreational Activities
- Transportation to Appointments

***SDYS - North Inland - Palomar Family
YMCA***

1050 N. Broadway, Building C
Escondido, CA 92026
Phone: (760) 908-9373

Website:

www.sdyouthservices.org/site/PageServer?pagename=TAY_Academy

Description: TAY Academy is dedicated to serving young people in a manner which is knowledgeable of and sensitive to the trauma that is occurring in their lives. Each center offers resources, skill development workshops, fitness, nutrition, and educational classes; support groups, leadership opportunities, fun activities, and connection coaches on site.

Age Group Served: 14-25

Hours of Operation:

Tues – Sat: 12:00PM-8:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Educational Assistance
- Housing Assistance
- Meals Provided
- Dental and Medical ((Services and Referrals))
- Recreational Activities
- Transportation to Appointments

SDYS Spring Valley TAY

3845 Spring Drive
Spring Valley, CA 91977
Phone: (619) 258-6877

Website:

www.sdyouthservices.org/site/PageServer?pagename=TAY_Academy

Description: TAY Academy is dedicated to serving young people in a manner which is knowledgeable of and sensitive to the trauma that is occurring in their lives. Each center offers resources, skill development workshops, fitness, nutrition, and educational classes; support groups, leadership opportunities, fun activities, and connection coaches on site.

Age Group Served: 14-25

Hours of Operation:

Tues – Sat: 12:00PM-8:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Educational Assistance
- Housing Assistance
- Dental & Medical Referrals
- Recreational Activities
- Transportation to Appointments

Storefront (affiliate of SDYS) Day Drop-In Center

CONFIDENTIAL LOCATION- call (866) Place-2-Stay
San Diego, CA
Phone: (619) 325-3527

Website: www.sdyouthservices.org

Description: The Day Drop-In Center provides street kids with a safe place to go that offers supervision, support, comprehensive services, and independent living skills training.

Age Group Served: N/A

Hours of Operation:

Mon – Fri: 8:00AM-6:00PM

Employs TAY Peer-Mentors? N/A

Services Provided:

- Shelter
- Showers
- Laundry
- Employment Training
- Life Skills Training
- Clothing Closet
- Meals Provided

South Bay Community Services TAY

746 Ada Street
Chula Vista, CA 91911
Phone: (619) 628-2411

Website:

www.sdyouthservices.org/site/PageServer?pagename=TAY_Academy

Description: TAY Academy is dedicated to serving young people in a manner which is knowledgeable of and sensitive to the trauma that is occurring in their lives. Each center offers resources, skill development workshops, fitness, nutrition, and educational classes; support groups, leadership opportunities, fun activities, and connection coaches on site.

Age Group Served: 14-25

Hours of Operation:

Tues – Sat: 12:00PM-8:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Educational Help
- Housing Assistance
- Meals Provided
- Counseling, Dental, and Medical (Services and Referrals)
- Recreational Activities, Transportation to Appointments

***Transitional Aged Youth Services, Douglas
Young BPSR Center***

10717 Camino Ruiz, Suite 207
San Diego, CA 92126
Phone: (858) 695-2211

Website:

www.comresearch.org/serviceDetails.php?id=NQ=

Description: Community-based outpatient mental health program providing a full range of services to seriously emotionally disturbed (SED) children, youth and their families.

Age Group Served: 16-25

Hours of Operation:

Mon: 9:00AM-5:00PM

Tues: 9:00AM-5:00PM

Wed: 9:00AM-6:00PM

Thurs: 12:00PM-8:00PM

Fri: 9:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment ,
- Bus Passes
- Clothing & Food Closet
- Educational Assistance
- Housing Assistance
- Laundry Facilities
- Meals provided
- Counseling, Dental, and Medical (Services and Referrals)
- Recreational Activities
- Transportation to Appointments

SAN FRANCISCO COUNTY

Glide Foundation: Glide/Wells Fargo Drop in Center

330 Ellis Street
San Francisco, CA 94102
Phone: (415) 674-6000

Website: www.glide.org/Walkin.aspx

Description: The Drop In Center is Glide's resource hub, a place where crises are calmed and questions answered. Case managers, intake specialists, and housing advocates listen to each person's concerns, referring clients to Glide programs and community resources that give them the tools they need to help themselves.

Age Group Served: All Ages

Hours of Operation:

Mon – Thurs: 8:30AM-1:00PM, 2:00PM-4:30PM
Fri: 8:30AM-1:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Medical Referrals
- Housing Assistance
- Legal Clinic
- Counseling Services
- Emergency Supplies

Larkin Street Drop-In Center

1142 Sutter St. (between Larkin and Polk)
San Francisco, CA 94109
Phone: (415) 673-0911 ext. 252

Website: www.larkinstreetyouth.org/

Description: Larkin Street offers at-risk and homeless youth the basic necessities as well as an environment of support, stability, and security. The Drop in Center offers day services, while Larkin Street Youth Services also provides housing for youth.

Age Group Served: 12-17, 18-24

Hours of Operation:

Mon: 8:00AM-7:00PM

Tues: 8:00AM-7:00PM

Wed: 8:00AM-6:00PM

Thurs: 8:00AM-7:00PM

Fri: 8:00AM-7:00PM

Sat – Sun: 8:00AM-4:00PM

Employs TAY Peer Mentors? Yes.

Services Provided:

- Medical Clinic
- Counseling Services
- GED Program
- Employment Referrals
- Skills Classes
- Shelters
- Transitional Housing

SAN JOAQUIN COUNTY

San Joaquin Pride Center

109 N Sutter Street
Stockton, CA 95202
Phone: (209) 466-7572

Website: www.sjpridecenter.org

Description: The San Joaquin Pride Center, located in Stockton, offers peer-led drop-in support groups for the LGBTQQIA communities throughout San Joaquin County, including a specific TAY group.

Age Group Served: 11-21

Hours of Operation:

Every other Wed: 12:00PM-6:00PM

Employs TAY Peer Mentors? No

Services Provided:

- Peer Counseling
- Legal Advocacy
- Counseling Services

SAN LUIS OBISPO COUNTY

SLO Wellness Center “Hope House”

1306 Nipomo Street
San Luis Obispo, CA 93401
Phone: (805) 540-6577

Website: www.t-mha.org

Description: The center offers person-centered, recovery based supports designed for life enrichment, as well as personal development, peer support, community resources, recovery education, social skills development, and various wellness workshops.

Age Group Served: 18+

Hours of Operation:

Mon: 9:30AM-3:30PM

Tues: 10:30AM-4:30PM

Wed: 10:00AM-4:30PM

Thurs: 10:30AM-4:30PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Educational Assistance
- Recreational Activities
- Support Groups

AG Wellness Center “Safe Haven”

203 Bridge Street
Arroyo Grande, CA 93420
Phone: (805) 489-9659

Website: www.t-mha.org

Description: The center offers person-centered, recovery based supports designed for life enrichment, as well as personal development, peer support, community resources, recovery education, social skills development, and various wellness workshops.

Age Group Served: 18+

Hours of Operation:

Mon – Fri: 9:30AM-3:30PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Educational Assistance
- Recreational Activities
- Support Groups

Atascadero Wellness Center “Life House”

5850 West Mall Road
Atascadero, CA 93422
Phone: (805) 464-0512

Website: www.t-mha.org

Description: The center offers person-centered, recovery based supports designed for life enrichment, as well as personal development, peer support, community resources, recovery education, social skills development, and various wellness workshops.

Age Group Served: 18+

Hours of Operation:

Mon, Tues, Thurs: 9:30AM-3:30PM

Wed: 12:30PM-6:30PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Educational Assistance
- Recreational Activities
- Support Groups

SAN MATEO COUNTY

Edgewood San Bruno Drop In Center

931 San Bruno Ave. West, Suite #1
San Carlos, CA 94066
Phone: (415) 375-7626

Website: www.edgewood.org/whoweare/

Description: Drop-in Center provides recreational, vocational, and educational activities focused on expanding social and life skills to help prepare underserved youth to function independently and contribute back to the community.

Age Group Served: 15-25

Hours of Operation:

Mon – Fri: 1:30PM-5:30PM (ages 14-17)

Mon – Fri: 4:00PM-8:00PM (ages 17-25)

Sat: 11:30AM-3:30PM (ages 15-25)

Employs TAY Peer Mentors? Yes

Services Provided:

- Clothing Closet
- Educational Assistance
- Food Closet
- Meals Provided
- Counseling Services
- Recreational Activities
- Resource Referrals

SANTA BARBARA COUNTY

Franklin Youth Drop-In Center

1126 E. Montecito Street
Santa Barbara, CA
Phone: (805) 897-2547

Website:

<http://www.santabarbaraca.gov/gov/depts/parksrec/recreation/teens/franklin.asp>
[depts/parksrec/recreation/teens/franklin.asp](http://www.santabarbaraca.gov/gov/depts/parksrec/recreation/teens/franklin.asp)

Description: A safe place for neighborhood youth to socialize and build relationships with other youth through a variety of activities, organized learning experiences and skill-building opportunities.

Age Group Served: N/A

Hours of Operation:

Mon – Fri: 2:30PM-6:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Educational Assistance
- Recreational Activities
- Computer Lab
- Life Skills Classes
- Employment Services

Noah's Anchorage Youth Crisis Shelter

301 West Figueroa Street
Santa Barbara, CA 93101
Phone: (805) 963-8775

Website:

<http://www.ciymca.org/youthandfamilyservices/html/>

Description: Noah's is a safe place for youth to stay or connect with a caring, trained team of staff while working through difficult personal and family issues. Individualized support services and community referrals.

Age Group Served: 10-17

Hours of Operation: 24/7

Employs TAY Peer Mentors? No

Services Provided:

- Housing Assistance
- Onsite Counseling
- Meals provided

SANTA CLARA COUNTY

Drop-In Center (Bill Wilson)

693 2nd Street
San Jose, CA 95112
Phone: (408) 925-0234

Website: www.billwilsoncenter.org

Description: The Drop-In Center is a safe place where young people can begin to form bonds with caring adults and access essential resources for their overall well-being. The primary goal of the program is to get homeless youth into safe and permanent housing.

Age Group Served: 16 -24

Hours of Operation:

Mon – Thu: 9:00AM-6:00PM

Fri – Sat: 9:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing & Food Closet
- Computer Lab
- Educational Assistance
- Housing Assistance
- Laundry Facilities
- Meals Provided
- Counseling, Dental, and Medical (Services and Referrals)
- Sleeping Respite/Shelter Services
- Recreational Activities
- Transportation to Appointments.

LGBTQ Youth Space

452 South First Street
San Jose, CA 95113
Phone: (408) 343-7941

Website: www.youthspace.org/

Description: A community drop-in center and counseling program for lesbian, gay, bisexual, transgender, queer and questioning youth and young adults in Santa Clara County.

Age Group Served: 13-25

Hours of Operation:

Mon – Fri: 3:00PM-9:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Clothing Closet
- Computer Lab
- Food Closet
- Counseling and Medical (Services and Referrals)
- Recreational Activities

SANTA CRUZ COUNTY

MHCAN- Transition Academy

1051 Cayuga Street
Santa Cruz, CA 95060
Phone: (831) 454-4538

Website: www.health.co.santa-cruz.ca.us

Description: The Transition Team Academy at MHCAN is a once-per-week drop-in group for TAY consumers and is a source of recreational and socialization activities for young adult consumers but does not focus on mental health topics.

Age Group Served: 18-25+

Hours of Operation:

Wed: 1:00PM-3:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Educational Assistance
- Housing Assistance
- Counseling Services
- Recreational Activities
- Transportation to Appointment

SHASTA COUNTY

Good News Mission Homeless Drop in Centers for Men and Women

2842 South Market Street

Redding, CA 96001

Phone: (530) 241-5754

Website: <http://gnrm.org/>

Description: Men's and Women's drop-in shelters.

Age Group Served: all ages

Hours of Operation: 24/7

Employs TAY Peer Mentors? No

Services Provided:

- Housing Services
- Medical Services
- Employment Services
- Shelter
- Clothing Closet
- Meals Provided

SOLANO COUNTY

Neighborhood of Dreams Nueva Vida

409 N. Adams Street
Dixon, CA 95620
Phone: (707) 693-1190

Website:

www.crestwoodbehavioralhealth.com/solano.html

Description: A wellness and recovery program operated throughout Solano County by Crestwood Behavioral Health. In Dixon, can be drop-in for support without a referral.

Age Group Served: All ages

Hours of Operation:

Tues, Thurs: 8:00PM-4:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Employment Assistance
- Housing Assistance
- Counseling and Medical (Services and Referrals)

Our Way: Solano, Wellness & Recovery

Client Run Center

537 Merchant Street
Vacaville, CA 95688
Phone: (707) 689-5547

Website: www.chcada.org

Description: Wellness center offering resources for consumer led self-help and peer support groups.

Age Group Served: 18+

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SDI Enrollment
- Educational Assistance
- Employment Assistance
- Counseling ,Medical, and Dental (Services and Referrals)

SONOMA COUNTY

Dr. James E. Coffee House Teen Shelter

2842 South Market Street
Redding, CA 96001
Phone: (707) 568-5830

Website: <https://www.saysc.org/programs/the-dr-james-e-coffee-house-emergency-teen-shelter/>

Description: Positive Images is a Gay, Lesbian, Bisexual, Transgendered, Queer, Questioning, and Intersexed (LGBTQQI) youth and young adult support organization offering support groups and meetings, community outreach, and many resources to support LGBTQQI youth, young adults, and their parents in the quest for acceptance and pride.

Age Group Served: 14-24

Hours of Operation: 24/7

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Computer Lab
- Educational Assistance
- Employment Assistance
- Food Closet
- Counseling and Medical (Services and Referrals)
- Recreational Activities
- Transportation to Appointments

VOICES Sonoma

714 Mendocino Ave
Santa Rosa, CA 95401
Phone: (707) 579-4327

Website:

<http://www.voicesyouthcenter.org/programs/sonoma>

Description: VOICES brings together more than forty partnering agencies to provide housing, education, employment and wellness services to transitioning youth, ages 16-24. Created and run by former foster youth, VOICES is the first organization of its kind in the nation.

Age Group Served: 16-24

Hours of Operation:

Mon – Fri: 10:00AM-6:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Computer Lab
- Educational/Employment Assistance
- Clothing Closet
- Meals/Recreational Activities
- Counseling and Medical (Services and Referrals)
- Housing Assistance

STANISLAUS COUNTY

Josie's Place Drop in Center for Transition Age Youth

1209 9th Street,
Modesto, CA 95354
Phone: 209-558-4464

Website:

<http://www.stancounty.com/BHRS/program-dir-city.shtm>

Description: Services for young adults 18-24 years of age with mental illness who demonstrate interest and readiness for self-reliance but require certain supports to achieve this. In addition to outpatient mental health services, clients are linked to a variety of community housing, vocational, educational services, as well as peer support.

Age Group Served: 14-24

Hours of Operation:

Mon – Thu: 10:00AM-6:30PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Employment Services
- Educational Services
- Housing Services

Patterson Teen Center

1040 W Las Palmas
Patterson, CA
Phone: (209) 895-3536

Website:

<http://www.centerforhumanservices.org/youth-services-patterson-teen-center.html>

Description: Patterson Teen Center program staff provides positive after-school activities for teens in the Patterson community at a fun and safe drop in site for youth.

Age Group Served: 12-18

Hours of Operation:

Mon – Fri: 8:00AM-5:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Computer Lab
- Educational Assistance
- Recreational Activities.

Hutton House
201 Jennie Street
Modesto, CA 95354
Phone: (209) 526-1623

Website:

<http://www.stancounty.com/BHRS/program-dir-city.shtm>

Description: Hutton House is a state licensed temporary shelter for runaway, homeless and youth in crisis who are ages 13-17. It provides services in a residential setting for eight youth at a time for a maximum of 15 days. Day services are available for youth and their families. Crisis line is available 24 hours a day.

Age Group Served: 13-17

Hours of Operation: 24 hour crisis line & drop-in

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Computer Lab
- Educational Assistance
- Employment Assistance
- Housing Assistance
- Laundry Facilities
- Meals Provided
- Counseling and Medical (Services and Referrals)
- Recreational Activities
- Shelter
- Transportation to Appointments

TUOLUMNE COUNTY

Crisis Assessment Intervention Program (CAIP)

105 Hospital Road
Sonora, CA 93570
Phone: (209) 533 7000

Website: <http://www.tcbehavioralhealth.com>

Description: N/A

Age Group Served: All Ages

Hours of Operation:

Drop-In Hours:

Mon – Fri: 8:00AM-11:00PM

Sat – Sun: 3:00PM-11:00PM

Employs TAY Peer Mentors? No

Services Provided:

- Emergency Services
- Community Resource Referrals

VENTURA COUNTY

TAY Tunnel (Pacific Clinics)

141 W. 5th Street, Suite D

Oxnard, CA 93030

Phone: (805) 240-2538

Website: www.pacificclinics.org/

Description: TAY Tunnel Wellness and Recovery

Center serves 18-25 year olds who are recovering from mental illness or mental illness and substance abuse. We are a peer driven drop in center where the peers come along side to support the members in their journey into wellness.

Age Group Served: 18-25

Hours of Operation:

Mon – Fri: 9:00AM-5:30PM

Sat: 11:00AM-3:00PM

Employs TAY Peer Mentors? Yes

Services Provided:

- Application Assistance for Medi-Cal/SSI/SSDI Enrollment
- Bus Passes
- Clothing Closet
- Computer Lab
- Educational Assistance
- Housing Assistance
- Laundry Facilities
- Dental and Medical (Services and Referrals)
- Recreational Activities
- Transportation to Appointments

YUBA COUNTY

Oroville Drop-In Center

18 Country Center Drive

Oroville, CA 95965

Phone: (530) 538-6022, (530) 538-7702

Website:

<http://www.buttecounty.net/behavioralhealth/AdultServices/DropInCenter.aspx>

Description: N/A

Age Group Served: All ages

Hours of Operation:

Mon – Thurs: 8:00AM-4:00PM

Fri: 8:00AM-3:00PM

Employs TAY Peer Mentors? N/A

Services Provided:

- Peer Support
- Group meetings
- Recreational Activities
- Medical/Psychological Referrals

Mental Health Crisis Support Lines

NATIONAL

National Suicide Prevention Hotline

1-800-273-8255

National Youth Crisis Line

1-800-448-4663

The Trevor Project

866-488-7386

National Alliance On Mental Illness (NAMI)

1-800-950 NAMI (6264)

Depression And Bipolar Support Alliance

1-(800)-438-438

Crisis Text Line

Text: "Support" to 741-741

Crisis Call Center

1-(800)-273-8255 or Text "Answer" to 839-863

STATEWIDE

California Youth Crisis Line

1-800-843-5200

NAMI California

(916) 567-0163

Mental Health Association California

(916) 557-1167

ALAMEDA COUNTY

Crisis Support Services
of Alameda County

24-hour Crisis Line
1-800-309-2131

ALAMEDA COUNTY (SOUTHERN)

Second Chance, Inc.
Hotline – 8:00AM-10:00PM Weekdays

(510) 792-HELP (4357)

Off Hours Call-back

Every day: 10:00PM-8:00PM

ALPINE COUNTY

24-Hour Emergency Line

1-800-486-2163

24-Hour Crisis Line

(530)-885-2300

1-800-Suicide/1-800-273-Talk

AMADOR COUNTY

24-Hour Crisis Line

(209)-223-6412

BUTTE COUNTY

24/7 Crisis Lines

Adults

(530) 891-2810

1-800-334-6622

Youth

(530) 891-2794

(800) 371-4373

CALAVERAS COUNTY

Mental Health Department

Crisis Services

24 hours / 7 days

(209) 754-3239

1-800-499-4030

CONTRA COSTA COUNTY

Contra Costa Crisis Center

24-hour Suicide / Crisis Hotline

1-800-833-2900

TTD/TTY (925) 938-0725

Mental Health Services

24/7 Crisis Services

1-888-678-7277

Department of Mental Health

Psychiatric Emergency Services

24 hours / 7 days

Placerville

(530) 622-3345

South Lake Tahoe

(503) 544-2219

GARDEN GROVE

Dr. Robert H. Schuller's Crystal Cathedral

**New Hope Telephone
Counseling Center**

**24 hours / 7 days
(714) NEW-HOPE
(714) 639-4673**

New Hope Online Counseling

Live crisis intervention support

Teen Line Hotline Help Center

**5:00PM - 9:00PM
(714) NEW-TEEN
(714) 639-8336**

FRESNO COUNTY

24-Hour Crisis Line

**(530) 885 2300
Or
1-800-654-3937**

GLENN COUNTY

24-Hour Crisis Line

1-800-507-3530

HUMBOLT COUNTY

24-Hour Crisis Line

(707) 445-7715

Or

1-888-849-5728

24-Hour Youth Services Bureau Crisis Line

(707) 826-3236

IMPERIAL COUNTY

Behavioral Health Services **Imperial Valley Crisis Hotline, 24/7**

(760) 482-4000

Or

1-800-817-5292

INYO COUNTY

24-Hour Crisis Line

1-800-841-5011

KERN COUNTY

24-Hour Crisis Line

1-800-991-5272

24-Hour Crisis Line (for Hearing Impaired)

(661) 868-8142

KINGS COUNTY

24-Hour Crisis Line

1-800-665-2553

LAKE COUNTY

24-Hour Suicide and Mental Health Crisis Line

1-800-900-2075

LASSEN COUNTY

LASSEN COUNTY Mental Health

24-Hour Crisis Response

1-888-530-8688

LOS ALAMITOS

Hotline of Southern California

Crisis Hotline – 10:00AM-12:00AM/ 7 days

(562) 596-5548

(714) 894-4242

LOS ANGELES County

LOS ANGELES COUNTY

Department of Mental Health

Hotline - 24 hours / 7 days

1-800-854-7771

Didi Hirsch Community

Mental Health Center

Suicide Prevention Center, 24/7

(310) 391-1253

1-877-7CRISIS

1-877-727-4747

MADERA COUNTY

24-Hour Crisis Line

1-888-275-9779

MARIN COUNTY

Community Mental Health Services

24/7 Psychiatric Emergency Services

(415) 499-6666

Family Service Agency of Marin

24-Hour Suicide Prevention & Crisis Hotline

(415) 499-1100

24-Hour Grief Counseling

MARIPOSA COUNTY

24-Hour Crisis Line

1-800-549 6741

(209) 966-2000

(209) 966-7000

MENDOCINO COUNTY

Department of Mental Health

24/7 Crisis Lines

Fort Bragg (707) 964-4747

Ukiah (707) 463-4396

Willits (707) 456-3850

Community Help Line

1-800-575-HELP (4357)

MERCED COUNTY

24-Hour Crisis Line

(209) 381 6819 or 1-888-334-0163

MODOC COUNTY

24-Hour Crisis Center

(530) 233-6312 or 1-800-291-2156

MONO COUNTY

24-Hour Crisis Center

1-800-841-5011

MONTEREY COUNTY

Mental Health Crisis Line

(831) 755-4111

Suicide Prevention Hotline

(877) 663-5433

NAPA COUNTY

24-Hour Crisis Line

(707) 253-4711

NEVADA COUNTY

Human Services Agency
Behavioral Health Department

24-Hour Crisis Line

(530) 265-5811

ORANGE COUNTY

24-Hour Crisis Line

(866) 830 6011

UC Irvine Psychiatric Emergency

(714) 456-5511

PLACER COUNTY

Child & Adult Crisis & Emergency Services

ACCESS Team

24 hours / 7 days

(530) 886-5401

**Auburn
1-888-886-5401**

PLUMAS & SIERRA COUNTIES

Plumas Crisis Intervention & Resource Center

24-Hour Crisis Line

(530) 283-4333

1-877-215-7273

RIVERSIDE COUNTY

California Youth Crisis Line
For Ages 12-24 - All Youth Issues, 24/7

1-800-843-5200

Department of Mental Health, Western Region

Volunteer Center of Riverside
Helpline of Riverside
24 hours / 7 days

(951) 686-HELP (4357)

SACRAMENTO COUNTY

Family Service Agency of Sacramento

24/7 Crisis Lines

Auburn (530) 885-2300
Lincoln (916) 645-8866
Roseville (916) 773-3111
Sacramento (916) 368-3111

County of Sacramento DHHS
Mental Health Services
Crisis Intervention

24 hours / 7 days

(916) 732-3637

SAN BENITO COUNTY

24-Hour Crisis Line

1-877-663-5433

SAN BERNARDINO COUNTY

Family Service Agency of San Bernardino

Crisis Line – Mon – Fri: 9:00AM-8:00PM

1-800-832-9119

SAN DIEGO COUNTY

United Behavioral Health

Access & 24-Hour Crisis Line

1-800-479-3339

(619) 641-6992 (TDD)

SAN FERNANDO COUNTY

California State University Northridge

CSUN Helpline

Sun – Thurs: 6:00PM-12:00AM

Fri – Sat: 7:00PM-10:00PM

(818) 349-HELP (4357)

V/TDD

SAN FRANCISCO

SAN FRANCISCO Suicide Prevention

24-Hour Crisis Hotline

(415) 781-0500

E-mail - 48 Hour Response Time

AIDS/HIV/HCV National Nightline

(415) 434-AIDS

1-800-273-AIDS

Linea Nocturna - Spanish Nightline

8:00 PM to 12:00 AM

(415) 989-5212

1-800-303-SIDA

SAN JOAQUIN COUNTY

Mental Health Services

The Crisis Intervention Center

24- Hour Crisis Phone

(209) 468-8686

SAN LUIS OBISPO COUNTY

24/7 Hotline of San Luis Obispo County

(805) 549-8989

1-800-549-8989

San Mateo COUNTY

YFES Crisis Intervention
& Suicide Prevention Center

24-hour Crisis Hotlines

North County (650) 579-0350

South County (650) 368-6655

Coastside (650) 726-6655

SANTA BARBARA COUNTY

Family Service Agency

Information & Referral/Crisis Intervention

24/7 Helpline

1-800-400-1572

Santa Barbara (805) 899-0061

Santa Maria (805) 928-5818

Lompoc (805) 734-2711

Santa Ynez (805) 688-1905

SANTA CLARA COUNTY

Santa Clara Valley Health & Hospital System

24/7 Suicide & Crisis Service

San Jose (408) 279-3312

North County (650) 494-8420

South County (408) 683-2482

SANTA CRUZ COUNTY

Serving Monterey, San Benito, & Santa Cruz Counties
Suicide Prevention Service
of the Central Coast

24/7 Crisis Hotline

1-877-ONE-LIFE

1-877-663-5433

Santa Cruz County (831) 458-5300

SHASTA COUNTY

Help, Inc. Helpline, 24/7

(530) 225-5252

Eastern Shasta County
1-800-821-5252

SISKIYOU COUNTY

Behavioral Health Services

24/7 Crisis Line

1-800-842-8979

SOLANO COUNTY

24-Hour Crisis Line

(707) 428-1131

SONOMA COUNTY

24-Hour Crisis Line

1-800-746-8181 or (707) 576-8181

24-Hour North Bay Suicide Prevention

1 (855) 587-6373

STANISLAUS COUNTY

Behavioral Health & Recovery Services

**Emergency Mental Health
Assessment & Referral Services, 24/7**

(209) 558-4600

SUTTER COUNT/YUBA COUNTY

Mental Health Services

24-hour Psychiatric

Emergency/Crisis Services

(530) 673-8255

1-888-923-3800

TEHAMA COUNTY

24-Hour Crisis Hotline

1-800-240-3208 or (530) 673-8255

TULARE COUNTY

Emergency/Crisis Hotline

1-800-320-1616

Emergency Crisis Hotline (Hearing Impaired)

1-800-735-2929

TUOLUMNE COUNTY

24-Hour Crisis Line

(209) 533-7000

VENTURA COUNTY

Behavioral Health

Crisis Team - Suicide / Crisis Line, 24/7

(805) 652-6727

YOLO COUNTY

Suicide Prevention & Crisis Services of Yolo County

24/7 Crisis Lines

Davis (530) 756-5000

Woodland (530) 666-7778

West Sacramento (916) 372-6565

Other Resources

If you don't see your organization listed, would like your organization removed, or have other suggestions, please contact us!

Statewide Organizations

California Youth Empowerment Network (CAYEN) | CA-YEN.ORG

CAYEN's goal is to empower and inspire Transition Age Youth (TAY) to create positive change in the mental health system. Through targeted advocacy, CAYEN supports TAY (young people ages 16-25) across the state to have a meaningful impact in the mental health policies that shape their lives. CAYEN has an all-TAY statewide Board which is involved in both statewide and local program and policy decisions. CAYEN engages youth and young adults who have been touched in some way by the mental health, juvenile justice or foster care systems. They are passionate people – consumers, family members and friends of people living with a mental illness. Through CAYEN, they receive the support, training and skills to bring their voices to policy and program discussions. For more information contact:

Phone: (916) 557-1167 ext.118 | Email: reachout@ca-yen.org

Mental Health America of California (MHAC) | MHAC.org

The mission of Mental Health America of California is to ensure that people of all ages, sexual orientation, gender, ethnicity, etc. who require mental health services and supports are able to live full and productive lives, receive the mental health services and other services that they need, and are not denied any other benefits, services, rights, or opportunities based on their need for mental health services. Through advocacy and education we strive to achieve these goals. Our organization and affiliates provide a conduit through which statewide coalitions on mental health are maintained and work together to promote these values.

Phone: (916) 557-1167 | Email: info@mhac.org

Racial and Ethnic Mental Health Disparities Coalition (REMHDCO) | REMHDCO.org

REMHDCO stands for the Racial & Ethnic Mental Health Disparities Coalition. Since late 2007, REMHDCO has been a statewide coalition of individuals from non-profit state wide and local organizations whose mission is to work to reduce mental health disparities through advocacy for racial and ethnic communities. REMHDCO advocates for underserved, unserved, and inappropriately served racial and ethnic communities including: Latino, Asian/Pacific Islander, Native American, and African American. REMDHCO also represents other underserved groups such as: non-English and limited English speaking individuals, immigrants and refugees, and the Muslim community.

Noemi Castro, Associate Director | ncastro@remhdco.org | (916) 557-0907

California Council of Community Mental Health Agencies (CCCMHA) | CCCMHA.org

The California Council of Community Mental Health Agencies is the voice of community mental health agencies in California, dedicated to the proposition that the people of California

deserve a rational, comprehensive, community based mental health system that is adequately funded to serve all of those in need of services. CCCMHA promotes comprehensive, responsive, and integrated service systems by enhancing the ability of nonprofit member agencies to provide mental health services that empower the people we serve to lead full and productive lives.

Phone: (916) 557-1166 | Email: info@cccmha.org

Wellness Works! | MHWELLNESSWORKS.org

Wellness Works! is a workplace mental health program that seeks to reduce mental health stigma and promote mental wellness in the workplace through management training. Wellness Works! is a program of Mental Health America of California and is funded by the voter approved Proposition 63, the Mental Health Services Act.

Phone: (916) 557-1167 | Email: info@mhwellnessworks.org

Youth In Mind (YIM) | YIMCAL.ORG

Using a strengths-based approach to implement positive change to the mental health system, Youth In Mind will ensure a cultural shift locally, statewide, and beyond; which means all mental health services, policies, and decision-making are developed in partnership with young people. YIM believes that a positive and healthy transition to adulthood is made possible by eliminating stigma, extending respect to all constituents, and advocating non-restrictive services. YIM envisions a mental health system that involves youth in decision making on individual, as well as local, statewide, and national policy levels, to provide all youth with developmentally appropriate psycho-education, empowerment, alternative health care, and peer support services. For more information, please contact:

Phone: (510) 479-0554 | Email: info@yimcal.org

NAMI California | NAMICALIFORNIA.ORG

California is a grass roots organization of families and individuals whose lives have been affected by serious mental illness. NAMI advocates for lives of quality and respect, without discrimination and stigma, for all of their constituents. NAMI provides leadership in advocacy, legislation, policy development, education and support throughout California. NAMI on Campus clubs are student-led clubs that tackle mental health issues on-campus by raising mental health awareness, educating the campus community, supporting students, promoting services and advocating. For more information about NAMI on Campus contact Beth Larkins at (916) 567-0163 or beth.larkins@namicalifornia.org. For general information about NAMI California please contact:

Phone: (916) 567-0163 | Email: name.california@namicalifornia.org

Lets Erase the Stigma (LETS) | LETS.org

LETS education foundation is a youth-led, club-based social movement dedicated to erasing the shame, fear, and isolation kids feel talking about personal problems and seeking help. By reaching out to children, adolescents, and young adults in their schools and communities, our goal is to educate as early as possible to erase stigma with generations to come. Mental illness

is not something to fear, and if we listen to youth they will tell us just that. Our mission at LETS is to empower youth to educate each other and communities about mental illness, provide access to resources for those who need it, and connect kids with others who care.

Phone: (888) 594-LETS (5387) | Email: moreinfo@letserasethestigma.org

Active Minds | ACTIVEMINDS.org

Active Minds is the leading nonprofit organization that empowers students to speak openly about mental health in order to educate others and encourage help-seeking. We are changing the culture on campuses and in the community by providing information, leadership opportunities and advocacy training to the next generation. By developing and supporting chapters of a student-run mental health awareness, education, and advocacy group on campuses nationwide, the nonprofit organization works to increase students' awareness of mental health issues, provide information and resources regarding mental health and mental illness, encourage students to seek help as soon as it is needed, and serve as liaison between students and the mental health community.

For a list of Active Minds chapters in California, visit: <http://www.activeminds.org/our-programming/chapters/find-a-chapter#California>

Phone: (202) 332-9595 | Email: info@activeminds.org

California Coalition for Youth (CCY) | CALYOUTH.ORG

CCY's vision is that every youth in California is connected to the services, resources, support and programs they need to have successful lives. The Coalition advocates for public policies, programs, and services that respect, empower, and protect the rights of all youth. They do this work through partnering with youth, linking with youth servicing programs throughout California, advocating for youth rights, connecting youth to resources and educating communities, policy makers and stakeholders. The Coalition is made up of a statewide membership of youth, youth advocates and allies, and youth-serving non-profit organizations. The organization is governed by a statewide Board of Directors that includes several Board seats that are designated for Transition Age Youth. For more information, please contact:

Phone: (916) 514-4464 | Email: info@calyouth.org

United Advocates for Children and Families (UACF) | UACF4HOPE.org

United Advocates for Children and Families (UACF) is a non-profit organization with a mission to improve the quality of life for all children and youth with mental, emotional, and behavioral challenges and to eliminate institutional discrimination and social stigma. We are dedicated to empowering parents, caregivers, children, and youth through education, training, and technical assistance programs and services to ensure families are present at every level of decision making. We work to keep families informed on important news and events by providing monthly opportunities for networking and collaboration and extensive communications and outreach efforts. UACF also operates a direct services program for and by families in various counties of the state.

Phone: (916) 643-1530

San Francisco/Bay Area Organizations

Young Minds Advocacy Project (YMAP) | YOUNGMINDSADVOCACY.org

Young Minds Advocacy Project (YMAP), founded in 2012, is a non-profit mental health advocacy organization based in the San Francisco Bay Area with initiatives and cases throughout the West. Young Minds Advocacy Project engages in legal advocacy and community education to assist low-income youths and their families and communities in accessing appropriate mental health services and supports, and ensuring the adequate performance and accountability of mental health care programs and providers.

Phone: (650) 494-4930 | Email: info@youngmindsadvocacy.org

The California Council on Youth Relations (CCYR) | NEWAMERICAMEDIA.ORG/CCYR.pho

CCYR is a New America Media project dedicated to bringing the youth voice to the table in developing policy and practice within systems that affect young people. Presenting in a variety of public settings, youth from the CCYR Speakers Bureau share their experiences about systems/issue areas such as mental health services, schools, the juvenile justice system, the foster care/child welfare system, homelessness and domestic/community violence. The CCYR Speakers Bureau has presented to policymakers and legislators in Sacramento, various community based organizations and/or mental health clinics, and at larger transitional aged youth and/or mental health conferences throughout California. For more information, please contact:

Patricia Johnson, Director | PJohnson@newamericamedia.org

Peers Envisioning and Engaging in Recovery Services (PEERS) | PEERSNET.org

PEERS is a consumer-run non-profit organization that provides mental health outreach, education and advocacy throughout Alameda County. We envision an authentically inclusive community that welcomes people with mental health and substance abuse issues, and their families, with equal opportunities to live, love, learn, lead, work, pray and play. We see a community in which people with mental health issues are not defined by their diagnosis, but by the life they lead.

Phone: (510) 832-7337

Mental Health Association of San Francisco (MHASF) | MENTALHEALTHSF.org

The Mental Health Association of San Francisco (MHASF) is a non-profit organization established in 1947. MHASF advances the mental health of people of San Francisco and leads the global community in advocacy, education, research and supports that promote recovery and wellness while challenging the stigma associated with mental health conditions.

Phone: (415) 421-2926 | Email: info@mentalhealthsf.org

Transitional Age Youth, San Francisco (TAYSF) | TAYSF.ORG

TAYSF's mission to improve the system of support for disconnected young adults remains vital to San Francisco's future. TAYSF recently launched an online resource directory – SF4Tay.org – in collaboration with TAYSF's City-wide Transitional Age Youth Advisory Board. Designed by

and for young adults, SF5Tay.org includes comprehensive and up-to-date listings of all programs and services available to disconnected 16-24 year-olds on one central site. For more information, please contact:

Glenn Eagleson, Citywide TAY Lead | Glenn@taysf.org | (415) 554-8791

Youth Empowerment Fund (YEF) | YEF.ORG/about.html

The YEF supports the role and leadership of young people by providing them with resources to define their own programming, practice leadership, and to bring sustainable community change. Through the YEF, youth from all over San Francisco have the opportunity to apply for funding towards their youth-led projects, as well as participate in grant-making, program support and evaluation. The YEF believes that youth should be making decisions that affect their own lives, and that youth possess the knowledge and ability to be leaders in their communities, and youth should have access to resources to define their own programs and opportunities. For more information, please contact:

Nayad Abrahamian, YEF Manager | Nayad@yefsf.org | (415) 554-3509

Los Angeles Area Organizations

DayOne DO Something! | GODAYONE.ORG/youth-advocates-yas.html

Day One trains high school and college students to be positive role models, ambassadors for healthy lifestyles, and informed and engaged members of their communities. Youth are recruited from schools, youth groups, parks, recreation centers, parent-referrals, community organizations, and community events. The function of this program is to promote healthy lifestyles, advocate for social justice issues, and facilitate youth voice in community decision making, thereby empowering them as powerful catalysts for change within their respective social circles and communities. For more information, please contact:

Carolina Gazzolo Clark | Carolina@codayone.org | (626) 229-9750

Project Return Peer Support Network (PRPSN) | PRPSN.ORG

Project Return Peer Support Network promotes wellness, personal growth and self-determination for people who have experienced mental illness by providing social opportunities, education, and community involvement. PRPSN believes in diversity, acceptance, advocacy and empowerment while encouraging people to transform their lives.

Phone: (323) 346-0960

Mental Health America of Los Angeles (MHALA) | MHALA.org

MHALA is dedicated to promoting mental health recovery and wellness. Our message is simple – good mental health is fundamental to the health and well-being of everyone in Los Angeles County. With cornerstones of service, education, advocacy and training, MHALA works to ensure that people with mental illness reach their rightful place as participating, productive members of our community.

Phone: (888) 242-2522, ext. 225

California Youth Crisis Line

1-800-843-5200

Need someone to talk to? Call us.



**Anonymous. Safe. Confidential.
Non-judgmental. Available 24/7.**



We Hear You.

Crisis Intervention Counseling & Resource Referral Services

The CYCL is a project of the California Coalition for Youth and is funded in part by the Governor's Office of Emergency Services and The California Wellness Foundation



facebook.com/cayouthcrisisline



[@calyouth](https://instagram.com/calyouth)



EACH MIND MATTERS

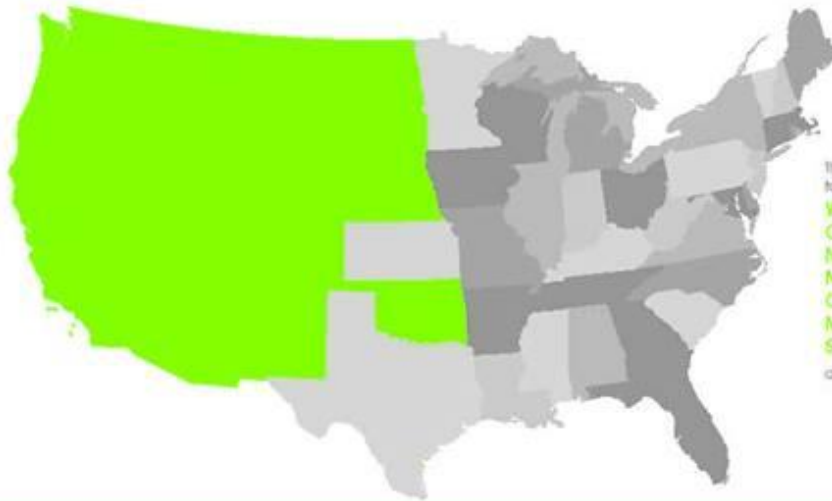
California's Mental Health Movement

We are a community of individuals and organizations dedicated to a new understanding of mental wellness and equality, starting here in California. Early support and help for mental health challenges can reduce suffering and save lives. We all have mental health; our minds deserve the same respect as our bodies.

There is a place for you in **EACH MIND MATTERS**.

1 in 4

American adults
live with a diagnosable
mental illness
in a given year



This is roughly equivalent
to the populations of:
Washington, Oregon,
California, Idaho,
Nevada, Arizona,
New Mexico, Utah,
Colorado, Wyoming,
Montana, North Dakota,
South Dakota, Nebraska,
and Oklahoma combined.

WHY LIME GREEN?

Lime green has emerged as the national color of mental health awareness, and EACH MIND MATTERS has adopted this vibrant color - symbolic of vigorous life and flourishing health - to represent our efforts to overcome the stereotypes, stigma, and discrimination associated with mental illness. Wear the lime green ribbon to take the movement everywhere you go.



Be a part of the movement!

We need your voice to be part of this conversation. There are easy ways to take action and make a change, and many ways to seamlessly integrate **EACH MIND MATTERS** with your work.

FOR YOU

Wear a lime green ribbon - (it's a conversation starter!)

Write a personal pledge at EachMindMatters.org and become a Change Agent to receive EACH MIND MATTERS movement updates.

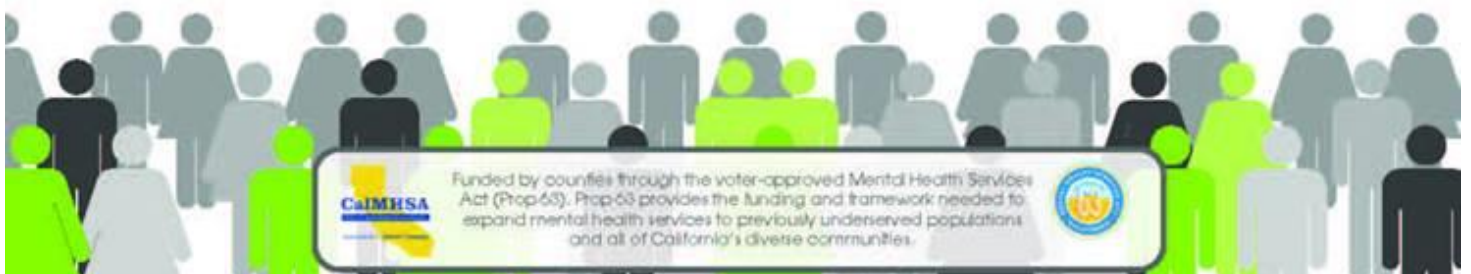
Share your Lime Green Ribbon story, either in person, in public, or online at EachMindMatters.org

FOR YOUR AGENCY

Feature the lime green ribbon, partner logos, and EachMindMatters.org on your website, materials, and at events. Visit EachMindMatters.org for logos and style guide.

Order lime green ribbons and other EACH MIND MATTERS items for distribution to your audiences. Email info@eachmindmatters.org with any questions or to place an order.

Contribute to the EACH MIND MATTERS blog with news of your latest accomplishments and innovations. Use the online Contact form at EachMindMatters.org/Contact-Us.



Funded by counties through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California's diverse communities.



WALK IN OUR SHOES

Stigma and fear of discrimination are serious obstacles for people seeking help for mental health challenges. The California Mental Health Services Authority (CalMHSA) is working to reduce stigma associated with mental illnesses

by de-bunking myths and educating 9-13 year olds about mental wellness. The Walk In Our Shoes campaign utilizes real stories from teens and young adults to teach youth about mental health challenges and mental wellness.

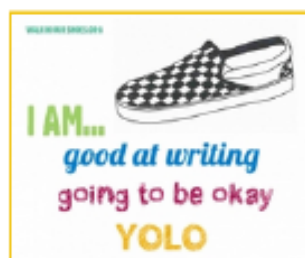
The multifaceted campaign uses positive, authentic and appropriate stories as an educational tool for youth. These stories are told through an interactive website, school-based theatrical performance, and a statewide public education campaign, which are all designed to reduce stigma and promote a resilient and realistic perception of mental health challenges and the real people who experience them.

The campaign directs youth to the interactive website, WalkInOurShoes.org, where visitors can explore and experience true stories of real people who have experienced hope, recovery and resilience in the face of mental health challenges.

The website includes definitions of key terms, a myth and facts page, and an interactive area where visitors can individualize their own shoes. The site contains information for teachers and parents, including suggestions and resources about how to talk to youth about mental health.



The Walk In Our Shoes campaign uses storytelling to convey information and nurture conversations about mental health challenges in an age appropriate manner. These stories and resources are designed to be used as tools by teachers, parents, professionals and youth, in hopes that together we can communicate, cooperate, and cultivate a culture free of mental health stigma.





ONLINE SUPPORT & INFORMATION FOR YOUNG PEOPLE GOING THROUGH TOUGH TIMES

"A lot of the time, I just really want to give up. It's sites like this one, and people like you who continue to give me strength and encouragement to face the day."

ReachOut Forums User



GET THE FACTS about real issues, from everyday relationship stuff to tougher issues like depression and anxiety.



JOIN AN AWESOME COMMUNITY. Share your story and get support from our trained youth volunteers and over 13k members in the ReachOut Forums who have been where you are. Register at reachout.com/site/register



CONNECT FROM YOUR PHONE to receive TXT peer support & weekly mood-boosting messages via text. Visit reachout.com/txt or text 'inspire' to 877-877 to sign up.

WANT TO HELP OTHERS?

Check out our 'Get Involved' page

powered by  **usa foundation**



About CAYEN:

The California Youth Empowerment Network (CAYEN) is a program of Mental Health America of California, a statewide mental health advocacy organization. Formed in 2006, CAYEN's mission is to advocate for Transition Age Youth (TAY), youth and young adults 16-25 years old whose lives have been affected by the mental health, juvenile justice, and foster care systems.

Our goal is to empower and inspire TAY to create positive change in the mental health system. Through targeted advocacy, CAYEN supports TAY across the state to have a meaningful impact in the policies that shape their lives.

CAYEN is supported by an all-TAY statewide Board, which is involved in both local and statewide program and policy decisions. We are firm believers that their personal experience, education and employment give them a credible, passionate and true voice to the challenges and successes of the TAY population. Through CAYEN they receive the support, training and skills to bring their voices to policy and program discussions.

To learn more about who we are and what we do, visit us at www.ca-yen.org, and follow us on [Facebook](#) and [Twitter](#).

See something missing? If you know of any additional resources that you think should be included in this directory, please contact us at reachout@ca-yen.org or (916) 557-1167 ext. 113.

